



Learn a life-saving skill!

**PRIVATE
SWIM
LESSONS FOR
ALL AGES!**

Our swim lessons are structured to accommodate all types of swimmers...from new little fishes in the water to triathlon swimmers. Our goal is to help you improve, no matter what level of swimmer you are.

Cost for single 30 minute lesson

Members - **\$30** + tax

Non-Members - **\$35** + tax

Cost for four 30 minute lessons

Members - **\$75** + tax

Non-Members - **\$95** + tax

swimlessons@the-mac.com

Pool MAC Xtreme 4700 Tama St SE Cedar Rapids, IA 52403

Customized to meet you or your child's personal needs, goals, and confidence.