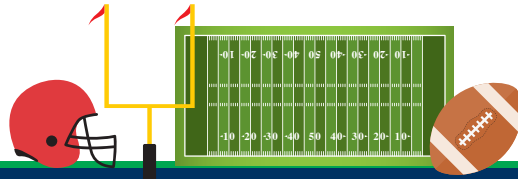


REGISTRATION NOW OPEN FOR SPRING AND FALL SEASONS!



Metro Youth Football, the area's premier youth football program since 1971, is proud once again to offer spring and fall football leagues.



2018 SPRING FLAG AND 7-ON-7



\$65 if registered by March 1, 2018 • \$75 thereafter

Practice near your home twice a week for one hour with classmates and friends!

Two Flag Divisions: 1st/2nd Grade & 3rd/4th Grade,

Two 7-on-7 Divisions: 4th/5th Grade & 6th/7th Grade

Schedule: Practice starts the week of March 26 • Games April 8-May 13

2018 FALL 3RD GRADE MODIFIED "FLACKLE"



\$100 if registered by June 1, 2018 • \$115 thereafter

Back by popular demand after successful inaugural 2017 season! Helps transition from flag to tackle. Games will be flag rules but with helmets and shoulder pads - no tackling. Each practice includes Heads Up blocking & tackling instruction. USA Football certified coaches.

Schedule: Practice starts the week of August 21 • 6 game season

2018 FALL 4TH-8TH GRADE TACKLE



4th-6th: \$160 if registered by June 1, 2018 • \$175 thereafter

Practice starts August 13 • 6 game season

7th-8th: \$110 if registered by June 1, 2018 • \$125 thereafter

3 games scheduled before middle school season. MYFA will work with teams wanting more games after middle school season

All coaches are USA Football certified and must pass extensive background checks. Iowa High School Certified 7th & 8th grade coaches. MYFA appointed player safety coach per school district. Each grade is a standalone division.

Go to www.metroyouthfootball.com and register today!