

Please send payment (**payable to Coe College Softball**), registration form and parental release to: Coe College Softball, Attn: Diane Meyer, Eby Fieldhouse, 1220 – 1<sup>st</sup> Avenue NE, Cedar Rapids, IA 52402. For more information, visit <http://www.coeathletics.com/f/Camps/Softball.php> Other questions, contact head coach Diane Meyer at [dmeyer@coe.edu](mailto:dmeyer@coe.edu) or 319.399.8859.

**72 hours advance noticed required for cancellation. No refunds will be granted if a participant does not show as we generally have waiting lists for each session.**

I hereby authorize the staff of Coe Sports Camps to act for me according to their best judgment in any emergency requiring medical attention and I hereby waive and release the camp from any and all liability for any injuries or illness incurred while at camp. I have no knowledge of any physical impairment that would be affected by the above named camper's participation in the camp program, as outlined above.

I hereby grant Coe College permission to publish and release information about the above-named minor, including his/her photograph, video, and/or audio, to the news media (including his/her hometown newspaper). I hereby grant Coe College permission to use the above-named minor's name, photograph, picture, portrait, appearance, likeness, voice, audio sound, video image, quotations, comments and/or endorsements made in connection with promoting or publicizing Coe College in any and all of its publications and in any and all other forms of media, whether print or electronic, including websites, whether now known or hereafter existing, in perpetuity, and for other use and copyright by Coe College in its sole discretion. I hereby waive the right to inspect and/or approve the finished photographs, video, and/or audio or to approve their use. I shall make no monetary or other claim against Coe College for its use of photographs, video recordings, and/or audio recordings of the above-named minor in any form whatsoever. I also certify that I am the legal parent or guardian of the above-named minor and have the legal authority to execute the above release. I approve the foregoing and waive any rights in the premises.

Parent Signature \_\_\_\_\_

Emergency Telephone # \_\_\_\_\_

Date \_\_\_\_\_



## Pitching, Catching & Hitting Clinics

2018 - 2019



The Coe College Softball team and coaches will be conducting mini-clinics for players in grades 3<sup>rd</sup> – 12<sup>th</sup>. The **2018 IIAC Conference Champions and NCAA National Tournament qualifiers** are anxious to continue this 20+ year Kohawk tradition of working with young players!!

**Pitching:** Proper mechanics of speed, control and movement according to the player's ability and including mental preparation.  
***^Pitchers must bring their own catcher (teammate or parent).***  
*Catchers who are attending the concurrent catching session will not be able to catch for pitchers during this 1pm session.*

**Catching:** Receiving, blocking, footwork, and throwing mechanics. If time allows, players will have the opportunity to catch live pitching during each session. ***^Catchers must bring their own gear.***

**Hitting:** Learn proper mechanics and provide drills for athletes to take with them for practice at home; slapping and bunting will also be covered. ***^Players must bring their own helmets, bats, & batting gloves (if used).***

**Clinic location:** Coe College ~ 1220 – 1<sup>st</sup> Avenue NE ~ Cedar Rapids, Iowa (*Eby Fieldhouse - old gymnasium and indoor cages – North end of campus and next to Kohawk Arena*)

#### **Important Information for participants:**

- Equipment to bring: As highlighted above
- Advance payment / registration is required
  - ✓ Notice of acceptance will not be sent; fees will be returned if the session(s) is full
- Parents are welcome to stay to observe; we ask that you please refrain from coaching your daughter during their clinic time with our coaches / players

**Regular Session Dates:** December 3<sup>rd</sup>, January 13<sup>th</sup>, 20<sup>th</sup> & 27<sup>th</sup>

**Regular Session Times:** 1pm – 2pm (Pitching and Catching)  
2:15pm – 3:15pm (Hitting)

**Holiday Vacation Dates:** December 27<sup>th</sup> & December 28<sup>th</sup>

#### **Holiday Vacation Times\*:**

- Pitching or Catching (11am - Noon)
- Hitting (12:15pm – 1:15pm)

***\*Note different start times during holiday vacation***

Please circle the sessions you will be attending – dates in red are during holiday break and times are different than regular clinic dates:

#### **Pitching**

**Dec. 2 - Dec. 27 - Dec. 28 - Jan. 13 – Jan. 20 – Jan. 27**

#### **Catching**

**Dec. 2 - Dec. 27 - Dec. 28 - Jan. 13 – Jan. 20 – Jan. 27**

#### **Hitting**

**Dec. 2 - Dec. 27 - Dec. 28 - Jan. 13 – Jan. 20 – Jan. 27**

***Fees: \$25 per session; if attending 2 sessions on the same day = \$45 for both sessions***

Athlete Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Age \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_

Cell \_\_\_\_\_

Hit (R or L) and / or Slap \_\_\_\_\_

Parent Name \_\_\_\_\_

Email \_\_\_\_\_

Cell \_\_\_\_\_

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If any coaches are interested in **team** hitting, catching or pitching clinics or additional cage time, contact Diane Meyer ([dmeyer@coe.edu](mailto:dmeyer@coe.edu)) or 319-399-8859. Thank you!