

# LeClere Cougars Wrestling Club

**Head Coach:** Former Coe College Wrestler Nick LeClere

- 3X NCAA Division III All-American
- 2X National Runner-up
- IA High School State Champion with a 139-9 career record
- Current Kennedy High School Assistant Coach

**Assistant Coaches:**

- Devin Wagner
- Jordan Baskerville

**Where:** Kennedy High School Wrestling Room

**When:** Most Tuesday and Thursday nights from 6 to 7:30pm November 13<sup>th</sup>, 2018 to February 21<sup>st</sup>, 2019. A Monday practice will be added on weeks with a Thursday home meet or holiday.

**Who:** Open to all wrestlers in 3<sup>rd</sup> through 8<sup>th</sup> grade.

**Cost:** \$210 for the season per wrestler. A second wrestler from the same family can register for half price. Three wrestlers from the same family please contact Coach LeClere regarding registration fees. Every wrestler in the advanced program must have a USA Wrestling Membership. Parents must purchase online at [www.usawmembership.com](http://www.usawmembership.com) (Iowa limited version \$15) **Middle school wrestlers can purchase a half season (November 13<sup>th</sup> to the start of middle school practice (usually 2<sup>nd</sup> week of January) for \$105**

Want to introduce your K-2<sup>nd</sup> grader to wrestling? Sign them up for the **Junior Cougars Instructional Program** held on Mondays from 6:30 to 7:30pm from 11/12 to 1/21. Coached by Jeff Knox this program will focus on basic wrestling skills taught through the use of fun wrestling games. Cost is \$45. Every wrestler in the Instructional program must have a USA Wrestling Membership. Parents can purchase online at [www.usawmembership.com](http://www.usawmembership.com) (Iowa limited version \$15)

**This information and more can be found on our website.**

<http://leclerecougars.weebly.com/>

**Turn over for registration form**

To register mail this form **with payment** to:

LeClere Cougars Wrestling Club  
2809 Seneca Ct. NE  
Cedar Rapids, IA 52402

**Questions? Nick LeClere: 319-929-0843 Jeff Knox: 319-361-1241**

**Email:** [naleclere@gmail.com](mailto:naleclere@gmail.com) Email: [knoxja@mchsi.com](mailto:knoxja@mchsi.com)

**Checks Payable to:** Cougar Wrestling

Wrestler's Name: \_\_\_\_\_

Parent's Names: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

School: \_\_\_\_\_

Grade: \_\_\_\_\_

Approx. Weight: \_\_\_\_\_

Half-Season (\$105)    Full Season (\$210)    Instructional (\$45)    (circle one)

T-Shirt Size for wrestler (circle one) YS   YM   YL   AS   AM   AL   AXL

Additional T-shirts and sizes (\$15 each): \_\_\_\_\_

The LeClere Cougar Wrestling Club coaches and volunteers do not assume liability for any injuries incurred while en route to or from or participating in any practice or competition. As a condition of enrollment, the following Disclaimer of Liability must be signed and dated by the parent or guardian:

THE PARTICIPANT, IN ATTENDING THE LECLERE COUGAR WRESTLING CLUB, IN USING THE FACILITIES AND IN PARTICIPATING IN PRACTICES AND COMPETITIONS, DOES SO AT HIS /HER OWN RISK. THE LECLERE COUGAR WRESTLING CLUB, ITS DIRECTOR, AND ITS STAFF SHALL NOT BE LIABLE FOR ANY INJURY OR DAMAGES SUSTAINED BY THE PARTICIPANT BEFORE, DURING OR AFTER ANY PRACTICE, COMPETITION OR OTHERWISE AT OR AROUND THE FACILITIES. THE STUDENT AND HIS/HER PARENTS/GUARDIANS ASSUME FULL RESPONSIBILITY FOR ANY SUCH DAMAGES OR INJURIES AND SO HEREBY FULLY AND FOREVER RELEASE, HOLD HARMLESS AND DISCHARGE THE LECLERE COUGAR WRESTLING CLUB, ITS DIRECTOR, INSTRUCTORS, ITS STAFF AND THE FACILITIES OWNERS, AGENTS AND EMPLOYEES FROM ANY AND ALL CLAIMS, DEMANDS, DAMAGES, RIGHTS OF ACTION OR CAUSES OF ACTION, PRESENT OR FUTURE, WHETHER THE SAME BE KNOWN, ANTICIPATED, OR UNANTICIPATED, RESULTING FROM OR ARISING OUT OF ANY OF THE FOREGOING. THE PARENTS OR GUARDIAN FURTHER AGREE TO INDEMNIFY THE RELEASED PARTIES AGAINST ANY LEGAL ACTION BY OR ON BEHALF OF THE PARTICIPANT, INCLUDING ATTORNEY FEES TO DEFEND SUCH ACTIONS.

Signature of Parent or Guardian: \_\_\_\_\_ Date \_\_\_\_\_