



**Cedar Rapids Washington High School**

Our mission is to provide a safe, knowledgeable, fun atmosphere for young kids. We promote good sportsmanship, work ethic and team unity for our club members in order to build a solid foundation for the future of Washington Warrior wrestling. We concentrate on the basic techniques of wrestling and focus on improving each member each practice session. We encourage kids of all ability levels to join.

In 2017-18, Coach Scott Halapua will lead workouts. Practices will run for 1hr to 1hr 15 min. (**maximum**). We will also incorporate games at the end of each practice to encourage team building.

**Registration Date: Monday, November 13, 2017**

\*There will be an informational parent meeting after registration

**1<sup>st</sup> practice: Monday, November 13, 2017**

**Last practice: Wednesday, February, 6, 2018**

**Who:** All kids K-8 (Washington H.S. feeder schools only)

**Where:** Washington High School Wrestling Room

**When:** Monday and Wednesday Nights

**Time:** 6:00 – 7:15PM

**Cost:** \$30/1<sup>st</sup> child, \$20/each additional child or if you bring a friend  
(Cost will include club t-shirt)

**For more information call:**

Matt Hatcher 319-533-3709

**The UWWC is a non-profit organization. All proceeds go towards training equipment, uniforms, sanctioning and maintenance of the facilities used by UWWC.**

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Grade: \_\_\_\_\_ School: \_\_\_\_\_ Shirt Size: YS YM YL S M L XL

Weight: \_\_\_\_\_ Parents name(s): \_\_\_\_\_ Phone #: \_\_\_\_\_ E-mail: \_\_\_\_\_

I the parent/guardian of \_\_\_\_\_ assume all responsibility for injury or medical attention that may occur during any/all practice sessions. The UWWC and Washington High School will not be liable for any of the above.

Signed: \_\_\_\_\_  
Parent/Guardian

Print: \_\_\_\_\_  
Parent/Guardian

Date: \_\_\_\_\_