

**The In-Home Parenting program offers priority enrollment to:**

- Young parents
- Parents with lower incomes
- Parents who are struggling and need additional support
- Other situations of higher need



**Is there a cost? No,** our services are funded with a grant from the Linn County Early Childhood Iowa Board and are **available free of charge.**

**I work outside the home during the day-- can I still participate?**

Yes, we'll work around your schedule and can visit in the evening, on your day off or on a Saturday morning.



### **Family Visitation Services**

A program of Linn County  
Child & Youth Development Services

**For more information on the  
In-Home Parenting Program**

**call 319-892-5783**

# **In-Home Parenting Visits**

*To promote nurturing, stable relationships  
between parents and their young children.  
(Nurturing Parenting model)*



Offered by

**Linn County Family Visitation Services**

with funding from the  
Linn County Early Childhood Iowa Board



**Raising kids is hard work and no parent should have to go it alone. In-Home Parenting Visits are available in Linn County to:**

- Share helpful information on parenting, pregnancy and child development topics
- Help parents recognize and build on their existing parenting strengths
- Give parents a chance to talk over challenges they face with their child



**Who can participate?**

**Parents who are pregnant or who have a child UNDER age of 6 living at home**

AND

**They must live, work or attend school in Linn County.** This program is for families in the Cedar Rapids-Marion metro area and for those living in rural areas.

**If I join, what should I expect?**

You'll have an initial contact with the program coordinator who will complete application materials and share more information about the program with you. Then, based on your situation and schedule, she will assign a Family Worker to follow-up with you.

**The Family Worker will set up a time to get to know you and your children.** This will help to focus the visits around your interests and questions.

**Visits will be about 60-90 minutes long** and scheduled 2-4 times a month at your convenience. Most families participate for about 9-12 months.

**During the visits, you'll learn more about:**

- Stages of child development
- Communicating with your child and strengthening your connection
- Ways to help your child learn and grow
- Keeping your child healthy
- Community resources (as well as events where you can meet other parents)



**Is the program open to dads, too?**

Yes, dads, moms or anyone else who is raising a child, including grandparents and extended family members. We work with families of all backgrounds. We try to build on your strengths, offer support for your challenges and we don't expect any parent to be "perfect".

**If you want to find out more about the Linn County In-Home Parenting Program:**

Call **319-892-5783**

Monday-Friday

between 8 AM and 5 PM

